

# Learn or burn

## Hot surface burns



Hot surfaces and objects outside can heat up and retain the heat during hot weather. Young children can receive serious burns to their thin skin if they come in contact with these surfaces.

Always ensure your child has shoes on when outside during hot weather and closely supervise young toddlers when outside.

Avoid going outside during the hottest part of the day, 11am to 4pm (DST).

### First aid for all burn injuries

- > Remove any clothing.
- > Apply 20 minutes of cool running water.
- > Cover with a clean cloth or clean plastic cling wrap.
- > Seek medical advice if the skin is broken or the burn area is larger than a 20 cent piece.



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